



SIMON LARARD

EXECUTIVE COACHING

WHAT IS COACHING...?

Coaching is a very powerful tool in personal and organisational development. It challenges people to make practical changes, provoking and supporting as necessary, and leads to tangible outcomes that enable ambition and potential.

BACKGROUND

I have spent over 30 years understanding that people, whether individually or in groups (organisations), rarely reach their full potential without some form of Coaching. My journey started with two years of High Performance Coaching and it revolutionised my thinking as a Manager, Director, Leader and in my personal life.

I put my learning into action through senior international leadership roles in businesses – large, medium and small. Organisational size, national and cultural working practices all influence how people respond, but the principles and benefits of Coaching remain a constant...that works!

As part of my own personal development, I'm consolidating my skills via an ILM Level 7 Certificate Course for Executive and Senior Level Coaches and Mentors, alongside other professional courses.

CONTACT



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COACHING

- Exec/Leadership Coaching
 - Management Coaching
 - Mentoring
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- Multiple sessions via structured IDP (Individual Development Programme)
 - One-off consultations

WHAT NOW...?

Beech Hill Consulting was created in 2015 to provide expertise to business, non-profit clients and individuals around the world covering coaching, mentoring, training, strategic advice and business research.

Our Coaching has benefitted International Corporate and Charity sector clients, and individuals. We provide a specific 6 session programme balancing personal and work-life ambitions, as well as sessions working on client-defined objectives or challenges.

We begin every relationship with a free introductory/exploratory meeting to get things started. For the time being we run Coaching via Zoom.

FEEDBACK FROM CLIENTS

TS, Channel Sales Director - 2023

Your Executive Coaching program during the last year has been extremely impactful. The tools that you employed to bring self-awareness and discovery are foundational to shedding light on zones for improvement (health, family, recreation, etc). Your easy questioning and collaborative conversation allows goal setting to happen naturally and quickly. I was able to spark joy in these zones.

Having someone like yourself, someone very familiar to the industry, to discuss career challenges, customer obstacles and leadership tactics was such an asset. The work we did together brought balance to my life, allowing me to navigate a clearer path forward, with concise goals, which ultimately provides confidence, clarity and consistency across my happiness wheel. I feel more complete and grounded in my direction not just in my career but holistically.

TB, COMMERCIAL DIRECTOR - OCT 2021

I have worked with Simon for the past 6 months and it has had a truly profound impact on my life. Simon has an incredible skill in cultivating a safe and collaborative environment, this combined with his holistic approach to coaching ensures that you are able to walk away from each session knowing you have made progress.

Simon's coaching framework will help you identify your own resourcefulness and sharpen your ability for problem solving, empowering you to move towards your goals with clarity and confidence.

SW, Marketing/Comms Manager - 2022

I had four coaching sessions with Simon when I was feeling stuck and unsure what my future career path looked like. Simon was great at listening to where I was at and what I felt my limitations were, whilst also challenging me when I needed it. It was a great mixture of working on personal and professional growth which has allowed me to think differently and be braver about my development. Being held accountable to goals has also helped keep me on track since. It was a helpful and enjoyable experience and I'm already seeing the benefit.

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2024 – SPECIAL OFFER

We have emerged from the disruptive Covid period but I still hear many people talking about the following

- What's the new normal?
- Will we ever get back to what it used to be like?
- It's been a strange time but I never want to go back to what we did before
- I really value my time now
- I miss my old colleagues
- The last year has been awful
- Working from home is great, but not all the time
- The last 12 months has given me the chance to rethink what I really want to do with my life

We are living through unusual times for sure.

Out of such circumstances comes the opportunity and in some cases the necessity to seek help whether as an individual or organisation.

Coaching is a great way to explore the needs, the aspirations and opportunities.

WHAT NOW..?

There's no better time to work with a professional Coach – sign up to 6 Coaching sessions and get 1 FREE.

Organisations – contact me to discuss your objectives and options for working with one or a number of team members.

Individuals – I'm really happy to discuss specific Coaching subjects or work on a structured Development Programme.

Get in touch via simon@beech-hill-consulting.com

Or call me or WhatsApp on 07889 206763

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BEECH HILL
CONSULTING LTD
